At the end of each section in this notebook, you will find a short list of resources specific to the topic. However, there are many Internet resources that can assist you and your planning team in understanding general and specific long-term care services, issues, barriers, and populations, as well as help your community develop better planning processes and look for funding to support the resulting reform efforts. Here are some websites we hope you will find useful.

**Federal Government**

**Administration on Aging (AOA)**
http://www.aoa.gov
Part of the Department of Health and Human Services, AOA administers and funds programs and services for older people. Their website has government policy updates, fact sheets, health information, and other resources.

**Administration on Developmental Disabilities (ADD)**
http://www.acf.dhhs.gov/programs/add/
Also part of USDHHS, ADD’s website includes information on state programs, advocacy, and national associations.

**Americans with Disabilities Act (ADA) Homepage**
http://www.usdoj.gov/crt/ada/adahom1.htm
A comprehensive website offering Americans with Disabilities Act regulations and technical assistance, including checklists to ensure that specific locations and services are fully accessible.

**Census Bureau**
http://www.factfinder.census.gov
This website may be your first stop in collecting county-specific data. Its statistics include characteristics of the population, housing, economic, business and industry, and geographic information in the form of tables and maps, based on the 2000 Census, for the United States, states, counties, cities, towns, and American Indian reservations. You can quickly access county-specific information. The site also helps you develop maps based on Census data (GIS mapping).

**Department of Housing and Urban Development (HUD)**
http://www.hud.gov
This site contains information on housing resources to help individuals stay in their homes, affordable housing, public housing, section 8 vouchers, and assistance for the homeless.

**FedStats**
http://www.fedstats.gov/
This site contains statistics from over 100 US government agencies on almost any topic you can think of. Most statistics are national- or state-level, but be careful to match the sources of your

_Citation_

As a general rule, the most successful man in life is the man who has the best information.

— Benjamin Disraeli

Appendix C
data, because different data collectors may use different rules for how they gather their information.

**Medicare**
http://www.medicare.gov
This site includes general information about the Medicare program and eligibility, as well as the Nursing Home Compare tool, Dialysis Facility Compare Tool, the Home Health Compare tool, and a listing (by county or zip code) of physicians who accept Medicare.

**Nursing Home Compare**
http://www.medicare.gov/NHCompare/home.asp
This site allows you to search for all nursing homes in your area and access specific information about quality measures, inspection results, and staffing.

**Home Health Compare**
http://www.medicare.gov/HHCompare/home.asp
Similar to the Nursing Home Compare site, this website allows you to search for home health agencies in your county and compare them based on measures related to patient improvement, meeting ADL needs, and patient emergencies.

**Dialysis Facility Compare**
http://www.medicare.gov/Dialysis/home.asp
This one allows you to search for Dialysis Facilities in your community and compare them based on facility characteristics and quality information.

**National Association of State Directors of Developmental Disability Services**
http://www.nasddds.org
This website offers a good links listing and a publications list (publications are not free).

**National Center for Health Statistics (NCHS)**
http://www.cdc.gov/nchs/default.htm
NCHS is one of the Centers for Disease Control and Prevention (CDC). This site includes health statistics primarily at the state or national level. Some data sources are public use and so available for download.

**Substance Abuse and Mental Health Services Administration**
http://www.samhsa.gov/index.html
This site includes national-level data, resources for mental health reform, and the Surgeon General’s report on mental health.

**Veterans Affairs**
http://www.va.gov
This website explains all of the benefits and programs offered by the Department of Veterans Affairs and includes links to state and local resources.

**State Government**

**NC@ Your Service**
http://www.ncgov.com
This gateway site of North Carolina state government provides access the websites of all NC divisions and agencies, state employee contact information, and contact information for your state and federal senators and representatives. In addition, local information is available under the “Government Contact” section, including contact information for county managers, county commissioners, city and town administrative officials, and county profile information.

**Department of Health and Human Services (NC DHHS)**
http://www.dhhs.state.nc.us/
This site provides links to each of NC DHHS’s divisions and agencies and a “newsroom” with information on current health and human services topics.

**Long Term Care in NC**
http://www.dhhs.state.nc.us/ltc
This site includes information on the Communications and Coordination Initiative, a glossary, long-term care data and budget information, related laws and regulations, workforce information, and links and contacts. This site also contains information on the state’s Real Choice grant, including consumer direction and workforce initiatives.

**Division of Aging and Adult Services (NC DAAS)**
http://www.dhhs.state.nc.us/aging/
This site contains information related to home and community-based services for older adults, the state ombudsman program, senior employment, senior housing, health and social programs, caregiver resources, and regional and local aging contact information. It also includes information on personal and family counseling, adult protective services, at-risk case management, guardianship, adult care home case management, and state-county special assistance for adults, as well
as datasets related to research, policy, and practice in aging and adult services.
http://www.dhhs.state.nc.us/aging/

**Division of Services for the Blind (NC DSB)**
http://www.dhhs.state.nc.us/dsb
This site contains information on the services offered for people with visual impairments, including training opportunities, employment assistance, technology, medical resources, and living skills. Local contact information is available, as well as White Papers on issues of special importance to employers of people with visual impairments.

**Division of Services for the Deaf and Hard of Hearing (NC DSDHH)**
http://dsdhh.dhhs.state.nc.us/
This site includes information on the Regional Resource Centers, the Telecommunications Access of North Carolina program, and RELAY services. It also includes a state-wide directory of interpreters.

**Council on Developmental Disabilities**
http://www.nc-ddc.org/
The NC Council on Developmental Disabilities is a planning council created by federal law (PL 106-402) to advocate for persons with developmental disabilities. This site contains the “People First” publication (which discusses using people-first language, has tips for interacting with people with disabilities, and contains a glossary of terms related to developmental disabilities), the council’s State Plan, and information on the council, self-determination, and grant opportunities. You can also access materials available for borrowing in their Lending Library.

**Division of Facility Services (NC DFS)**
http://facility-services.state.nc.us/tableofc.htm
This site contains information on the regulation of facilities in NC, including the administrative rules, listings of regulated facilities, certification requirements for administrators, penalty review summary information (per year), certificate of need monthly reports, consumers’ guides, the nurse aide registry and training opportunities, nurse aide recruitment and retention efforts, and the State Medical Facilities Plan. The table of contents is a quick and easy way to find the information you need.

**Division of Medical Assistance (NC DMA)**
http://www.dhhs.state.nc.us/dma/
NC DMA manages Medicaid and NC Health Choice for Children. On this site, you will find Carolina ACCESS and Health Choice providers, Medicaid program and eligibility information, Medicaid dental care provider lists, CAP-DA information, basic Medicaid statistics for 1997 to 2002 (enrolled providers, sources of funds, use of funds, total expenditures and eligible people by county, and expenditures for the elderly/blind and disabled/families with children), and their State Plan.

**Division of Mental Health, Developmental Disabilities, and Substance Abuse (NC DMH/DD/SAS)**
http://www.dhhs.state.nc.us/mhddsas/
This site contains information on the State MH/DD/SAS Reform Plan, consumers’ rights in state facilities, state facility rules, and the new local management entities and consumer councils.

**Division of Public Health**
http://www.dhhs.state.nc.us/dph/
This site includes information on public health issues, links to county Boards of Health and Health Departments, Healthy Carolinians information, and a nice resource on translating materials into Spanish.

**Division of Social Services (NC DSS)**
http://www.dhhs.state.nc.us/dss/
This site includes information on NC DSS’s programs, the NC Social Services Block Grant Plan the Special Assistance Demonstration Project, county “Best Practices,” and a county DSS directory.

**State Center for Health Statistics**
http://www.schs.state.nc.us/SCHS/
This site concentrates on state-level statistics, but it also includes county-level statistics on population characteristics, pregnancy and live births, mortality (including information on cancer deaths), AIDS and other communicable diseases, inpatient hospitalization rates, and asthma hospitalizations. It also includes a helpful primer on understanding and using data effectively.

**Division of Vocational Rehabilitation Services (NC DVR)**
http://dvr.dhhs.state.nc.us/
Includes a listing of the Mayor’s and Local Committees for People with Disabilities, vocational rehabilitation services and eligibility, local offices for independent living, links to assistive technology resources by county, and the DVR State Plan. It also contains a publications directory including information on employing persons with disabilities, myths about disabilities, attitudinal barriers toward people with disabilities, and person-centered language.
DHHS Computer Databases
http://dirm.state.nc.us/pubrecs/dipage3.htm
Includes summaries on and contact information for all DHHS databases.

General Assembly
http://www.ncleg.net
This home page for the NC General Assembly includes information on State Senators and Representatives, legislation, committees, and a calendar of activities.

Geographical Data Clearinghouse
http://cgia.cgia.state.nc.us/ncgdc/
This website provides data that is useful in analyzing your community’s infrastructure resources (e.g. roads, hospitals, schools, water treatment plants), air quality, and water quality.

Governor’s Advocacy Council for Persons with Disabilities
http://www.gacpd.com/
This website includes state and national laws that protect the rights of persons with disabilities and a good links section.

Office of Minority Health and Health Disparities
http://www.omhhd.dhhs.state.nc.us/omhhd/OMH_Publications/OMHPublicationsPage.htm
This site includes the health disparities implementation plan for each state DHHS division and health facts for different minority populations in NC.

Olmstead in North Carolina
http://www.dhhs.state.nc.us/docs/olmstead.htm
This website is the DHHS’s official website regarding the Olmstead decision. It includes the state plan for responding to this decision and public comments.

Senior Care Program
http://www.ncseniorcare.com/
Provides information on the state’s prescription drug assistance program for older adults needing help with cardiovascular disease, diabetes, or chronic obstructive pulmonary disease.

State Demographics
http://demog.state.nc.us/frame_start.html
At this website, you can find basic demographic data for your community. It also provides growth estimates for 2010, 2020, and 2030.

Regional and Local Resources
Local Government in North Carolina, NC City and County Management Association
http://www.ncmanagers.org/teachers/textconv/index.html
This on-line textbook was designed for teachers of high school students, but it is a wonderful introduction to government in North Carolina for anyone who needs more information about NC municipalities, counties, public services, and taxes.

NC Association of County Commissioners
http://www.ncacc.org
This website provides links to the Boards of County Commissioners and contact information for county managers in all 100 counties.

Local Resources Listed on State DHHS websites (cross-listed with State Resources)

Area Agencies on Aging
http://www.dhhs.state.nc.us/aging/aaa.htm
Councils and Departments on Aging
http://www.dhhs.state.nc.us/aging/aglinks.htm
County Commerce Profiles
http://cmedis.commerce.state.nc.us/countyprofiles/
County Departments of Social Services
http://www.dhhs.state.nc.us/dss/cty_cnr/dir.htm
County Health Departments
http://www.ncalhd.org/county.htm
Contacts for Healthy Carolinians county partnerships
http://www.healthycarolinians.org/countyprof.htm
Home and Community Care Block Grant Aging Services
These services include adult day care, congregate meals, health screenings, housing and home improvement, legal services, senior centers, transportation, adult day health, family caregiver support services, home delivered meals, in-home aide, medication management, Senior Companion, volunteer programs, care management,
health promotion activities, home health, information and assistance, and respite services.
http://www.dhhs.state.nc.us/aging/services/svclist.htm

Interpreters for people with hearing impairments
http://dsdhh.dhhs.state.nc.us/division/interpreter/interpreter.html

Mayors, Town Clerks, Town Managers
http://www.nclm.org/NC%20Cities/A.htm

Mayor’s and Local Committees for People with Disabilities
http://dvr.dhhs.state.nc.us/DVR/committees.htm

Medicaid Dental Providers
http://www.dhhs.state.nc.us/dma/dental/dentalprov.htm

Nurse Aide Registry
http://www.ncnar.org/

Regional Resource Center
(Division of Services for the Deaf and Hard of Hearing)
http://dsdhh.dhhs.state.nc.us/division/rrc/rrc.html

Regulated Facilities
Listing of adult care homes, nursing homes, home care, ambulatory care, hospices, mental health homes, and family care homes.
http://facility-services.state.nc.us/reports.htm

State Representatives
http://www.ncleg.net/gascripts/members/memberList.pl?sChamber=House

Department of Services for the Blind District Office and Independent Living Counselors
http://www.dhhs.state.nc.us/dsb/map_do.htm

Social Workers for the Blind
http://www.dhhs.state.nc.us/dsb/map_ss.htm

State Psychiatric Hospitals, Mental Retardation Centers, and Substance Abuse Centers
http://www.dhhs.state.nc.us/mhddsas/statefac.htm

State Senators
http://www.ncleg.net/gascripts/members/reports/room-phone.pl?sChamber=House

Local Vocational Rehabilitation Offices
http://dvr.dhhs.state.nc.us/DVR/offices/vroffices.htm

Other NC-Based Organizations

The ARC of North Carolina
http://www.thearc.org/related-links.htm
This site provides a listing of links to information on specific disabilities, assistive technology, employment, grant resources, and national advocacy organizations.

Cooperative Extension
http://www.ces.ncsu.edu
This site provides links to all county Cooperative Extension offices. Among the many publications on family economy and relationships are quite a few on topics for older adults and their families, including planning for retirement, family care, powers of attorney, and end-of-life issues.

The Carolina’s Center for Hospice and End of Life Care
http://www.carolinasendoflifecare.org/hospice/
This site provides a search function to find a hospice in your community, public awareness materials, and information on hospice, palliative care, and advance directives.

Duke University Center for the Study of Aging and Human Development
http://www.geri.duke.edu/
This site includes links to the Duke University LTC Resource Program and the Duke (Alzheimer’s) Family Support Program. The LTC Resource Program’s website has information on various local planning initiatives, aging issues of importance to counties, and publications related to the CAP-DA program. The Family Support Program is a one-stop clearinghouse and technical assistance center for caregivers and professionals caring for someone with Alzheimer’s disease.

Duke Health Policy Gateway
http://www.hpolicy.duke.edu/cyberexchange/
This provides links to websites devoted to national, state, and local health policy issues and such key topics as access, quality, health reform, and expenditures. It aslo includes some state statistics on the health field, links to associations, and descriptions of foundations that fund health policy projects.

Full Circle of Care
http://www.fullcirclecare.org/index.shtml
This website, developed and maintained by the Triangle J Area Agency on Aging, is a comprehensive resource for people in caregiving roles. Designed principally for consumers, it is also an excellent resource for professionals. Some information is specific to the Triangle area, but much is more widely applicable.
Institute on Aging (University of North Carolina)
http://www.aging.unc.edu
The Institute on Aging works to enhance the well-being of older North Carolinians through statewide collaboration in research, education, and public service. This link includes aging data resources and a Senior Phone Directory.

Mental Health Association
http://www.mha-nc.org
Here are links to mental health resources across the state, legislative alerts, and programs that your community can implement (such as training about mental illness for law enforcement officials and respite care providers).

NAMI NC
http://www.naminc.org/
NAMI NC is the state affiliate of the National Alliance for the Mentally Ill. On their webpage, you can find information on the state’s plan for mental health reform and a review of the local business plans submitted to the Division of Mental Health/Developmental Disabilities/Substance Abuse Services. It also includes a Legislative Manual that describes the legislative process and includes tips for interacting with your state legislators.

NC Aging Trade and Professional Associations
http://www.dhhs.state.nc.us/aging/trade.htm
This page, on the Division of Aging and Adult Services’s website, lists the NC trade and professional associations related to aging services.

NC Association for Home Care and Hospice
http://www.homeandhospicecare.org/
This website includes an locator service by community and basic information on home care and hospice services in NC.

NC Institute of Medicine
http://www.nciom.org/pubs/long-term.html
Here you can download a copy of the Institute of Medicine’s (IOM) LTC Plan for North Carolina: Final Report (January 2001), whose recommendations 11 and 16 led to the development of the Communications and Coordination Initiative. The site also contains the IOM’s evaluation of the NC Community Alternatives Program for Disabled Adults (CAP-DA), conducted at the NC General Assembly’s request.

NC Partnerships in Assistive Technology (PAT)
http://www.pat.org/
PAT’s website includes a listing of resources in NC, including assessments, driving aids, equipment loans, and communication devices.

NC Self-Determination Leadership Network
http://www.Intrex.net/NCSDLN/
Under the “Of Immediate Interest” section, you will find the Medicaid Home and Community Services Primer, a 245-page document (made available by the National Association of State Directors) that discusses Medicaid coverage of home and community services across the nation, helping people make the transition from nursing homes into the community, and consumer-directed services.

UNC-CH School of Social Work, Center for Aging Research and Educational Services (CARES)
http://ssw.unc.edu/cares/cares.htm
CARES provides consulting services to the Communication and Coordination Initiative. At their website, you can find staff contact information, a professional education training calendar, newsletters including aging services information, and links to mental health resources.

United Way of North Carolina
http://www.unitedwaync.org/index.html
This site provides contact information for county United Ways and information on the national 2-1-1 initiative.
National Advocacy Groups, Trade Associations, and Informational Websites

AARP
http://www.aarp.org
Formerly the American Association of Retired Persons, AARP is a nonprofit membership organization of persons 50 and older dedicated to addressing their needs and interests. This site can be used for basic research on aging issues. Its Policy and Research section is especially helpful in analyzing LTC issues and barriers that your county may be facing.

Alzheimer’s Association
http://www.alz.org
This website provides contact information for your local Alzheimer’s Association chapter, research and resources on Alzheimer’s Disease, basic statistics, and links to more than 100 websites. It also includes a “Diversity Toolbox” with information targeted to various minority groups (which may provide ideas on how to reach underserved populations).

American Society on Aging (ASA)
http://asaging.org
Thousands of professionals throughout the country rely on the American Society on Aging to keep their knowledge current in an aging society. ASA’s website contains publications and research on aging issues such as LTC, health promotion, family caregiving, mental health services, employment, assistive technology, and life-long learning.

Association of University Centers on Disabilities
http://www.auccd.org
This website has a dictionary with over 3,500 definitions, organizations, and assessment tools related to services for people with disabilities.

Bazelon Center for Mental Health Law
http://www.bazelon.org
This website includes information on legal issues affecting people with disabilities, including laws on housing, diversity, managed care, insurance, and supportive services.

Beach Center on Disability
http://www.beachcenter.org
This site includes full-text articles and publications on topics such as self-determination, specific disabilities, disability policy, quality of life, technology use, and accessibility. Also includes a “Real Stories” and tips section.

Easter Seals Project Action
http://www.projectaction.org
This site has information on developing accessible transportation services and a searchable database of accessible travel options across the US (including paratransit, bus, train, taxi, and airport shuttle services).

Families USA
http://www.familiesusa.org
This advocacy organization’s website includes tools and tips for effective advocacy and national and NC-specific information on Medicare, Medicaid, and the uninsured.

Family Caregiving Alliance
http://www.caregiver.org/caregiver/jsp/home.jsp
This site contains information, tips, personal stories, policy briefs and fact sheets on unpaid caregiving.

Hispanic Health Alliance
http://www.hispanichealth.org
This website includes information to improve the health and well-being of Hispanic/Latino people in the US. About half of the publications are free to download.

Job Accommodation Network
http://janweb.icdi.wvu.edu/
This website provides fact sheets on most disabilities and information on human resource laws related to disability, accessibility, and solutions to common accessibility problems.

National Association of Area Agencies on Aging
http://www.n4a.org
Includes policy papers on national home and community care issues such as workforce recruitment and retention, mental health services, transportation, housing, and Medicaid waivers. Also contains a Caregiving Self-Assessment Tool for communities.
National Association for the Dually-Diagnosed (NADD)
http://www.thenadd.org/content/resources/home.shtml
Includes links to information and services for people who have both mental illnesses and a physical or intellectual disability.

National Association on Mental Illness (NAMI)
http://www.nami.org
At NAMI’s extensive website, you can find information on different mental illnesses, public policy issues, current research, support groups and trainings, and contact information for your local affiliate.

National Association of Protection and Advocacy Systems
http://www.protectionandadvocacy.com
This site contains articles and information on topics such as abuse and neglect, advance directives, the Americans with Disabilities Act, assistive technology, community inclusion, housing, and employment and includes free public awareness materials.

National Council on the Aging (NCOA)
http://www.ncoa.org
NCOA is the nation’s first association of organizations and professionals dedicated to promoting the dignity, self-determination, well-being, and contributions of older persons. This website provides information on best practice in providing services to seniors and research on issues such as increasing senior employment and volunteer opportunities.

The National Council of La Raza
http://www.nclr.org/about/
La Raza works to reduce discrimination and poverty among Hispanic/Latino people in the US. This website contains articles on civil rights, economic mobility, education, health, migrant workers, housing, and Social Security.

National Governors Association (NGA)
http://www.nga.org
This site provides resources, publications, and meeting summaries related to public transportation, prescription drug assistance, mental health services, chronic disease prevention, and aging and LTC systems.

National Health Law Program
http://www.healthlaw.org/
This website includes information on health disparities, ensuring that interpretation services are available, and Medicaid managed care.

National Mental Health Association
http://www.nmha.org
This site has fact sheets and pamphlets on mental health issues and diseases, mental health reform advocacy tools, and links to state and local mental health affiliates.

Plain Language
http://www.plainlanguage.gov
This government website offers assistance in writing in a consumer-friendly manner.

Promoting Consumer Direction in Aging
http://www.consumerdirection.org
This website, created by the National Association of State Units on Aging, provides evaluations of consumer direction in other states, contact information for employees in other states who oversee consumer direction programs, and a Consumer Direction Tool to help states and communities assess their current LTC systems.

Quality Mall
http://www.qualitymall.org
Quality Mall is a website where you can find information about person-centered supports for people with developmental disabilities and best practices that help people with developmental disabilities live, work, and participate more fully in the community. Topics include family issues, community inclusion, self-advocacy, employment, and health and safety.

Robert Wood Johnson Foundation
http://www.rwjf.org/publications/other.jsp
RWJF provides useful publications on general health issues, caregiving, living with chronic health conditions, uninsured populations, minority health, and substance abuse. It also has funded planning initiatives.
WorkSupport.com
http://www.worksupport.com/
This site provides information, research, fact sheets, on-line training, and other resources specifically on employment issues for people with disabilities.

General Planning Resources
University of Kansas, Community Toolbox
http://ctb.ku.edu/
The Community Toolbox is an excellent resource for communities developing and conducting planning processes. It has over 6,000 pages of information on over 250 topics directly related to community planning. It also contains a place where you can “chat” with other communities in online forums, ask an advisor a question, and find links to other planning websites.

Robert Wood Johnson Foundation’s Community Partnerships for Older Adults
http://www.partnershipsforolderadults.org
The Community Partnerships for Older Adults is a grant program designed to assist communities in developing partnerships to improve LTC and supportive services for older adults. This website includes information for making a grant application. See, in particular, their Resource Center, with community planning tools and resources, online discussions on planning issues and topics, and ways to learn about other communities’ experiences.

Alliance for Nonprofit Management
http://www.allianceonline.org/
Under the “Frequently Asked Questions” section, you can find information on strategic planning, board management, fundraising, and financial management skills.

Building Strong and Effective Community Partnerships by the Family Literacy Action Group of Alberta
http://www.nald.ca/clr/partner/contents.htm
This website is a guide to developing community planning groups to reduce illiteracy. It includes information on basic partnerships, creating strong partnerships, maintaining a partnership, and barriers to teamwork.

The Community Planning Website
http://www.communityplanning.net/
Includes general community planning principles, checklists, methods, and publications. This site in the United Kingdom has a lot of useful information for general community planning efforts.

National Consumer Supporter Technical Assistance Center
http://www.ncstac.org
In this website’s “Resource Library,” you can find information on working with the media, writing proposals, working with volunteers, fundraising, and how to write bylaws.

Information on Grants and Grantmakers
Blue Cross Blue Shield of NC (BCBSNC) Foundation
http://www.bcbsnc.com/foundation/
BCBSNC created a private foundation that funds programs and services with a focus on helping North Carolinians improve their health and well-being. Preference is given to grant requests that increase access to health care for needy and underserved populations; focus on health education and healthy lifestyles; promote health initiatives for children, adolescents, minorities and the elderly; support medical research; or promote cultural and life enrichment opportunities.

The Foundation Center
http://fdncenter.org
This website contains free information as well as information that you can only access if you join and pay $19.95 per month. The free information contains a quick foundation finder that shows foundations in certain areas of NC, a proposal writing “short course,” and a booklist for further information on grantwriting.

Grants.gov
http://www.grants.gov
Grants.gov is a simple, unified “storefront” for all customers of federal grants to find, apply for, and manage grants over the Web. Grants.gov encompasses over 900 grant programs offered by the 26 federal grant-making agencies. It streamlines the process of awarding over $350 billion annu-
ally to state and local governments, academia, not-for-profits and other organizations.

Robert Wood Johnson Foundation’s Community Partnerships for Older Adults
http://www.partnershipsforolderadults.org
See in particular the Community Partnerships for Older Adults on-line resource center, which showcases the issues involved in creating, maintaining, and sustaining community partnerships and focuses on improving the systems of long-term care and supportive services for older adults. It also offers communities throughout the country an on-line forum for sharing strategies and learning from one another.

NC Media Resources

Newslink
http://newslink.org/ncriadi.html
Provides links to all of NC’s radio stations, both AM and FM.

NC Newspapers Online
http://www.ncpress.com/ncnewspersonline.html
This website provides links to all NC newspapers with websites.

TV Listings
http://listingsus.com/North-Carolina/Media/Broadcast/TV/complete.asp
Provides links to NC’s television stations.

In your thirst for knowledge, be sure not to drown in all the information.

— Anthony J. D'Angelo,
The College Blue Book